


# Erwin Jones Track Clinic Schedule

Sunday	Monday	Tuesday	Wed	Thurs	Friday	Saturday
		15	16	17 Practice	18 Practice	19 2:30 - 4:00 Shadow Mountain High School
20 2:30 - 4:00 Shadow Mountain	21 Practice	22 Practice	23 Practice	24 No Practice	25  No Practice	26 2:30 - 4:00 Shadow Mountain
27 2:30 - 4:00 Shadow Mountain	28 Practice	29 No Practice	30 No Practice	31 No Practice	1 No Practice	2 No Practice

# Erwin Jones Track Clinic Schedule

3 2:30 - 4:00 Shadow Mountain	4 <b>First day of Bobcat Track &amp; Field Practice</b>	5	6	7	8	9 2:30 - 4:00 Shadow Mountain
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If you would like to workout on any weekend, please schedule with Coach Jones = 602-299-2871 - I will provide a workout for days I will not be able to practice.